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# **Humble Pie**

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## **Synopsis**

Everyone thinks they know the real Gordon Ramsay: rude, loud, pathologically driven, stubborn as hell. But this is his real story! This is Gordon Ramsay's autobiography -- the first time he has told the full story of how he became the world's most famous and infamous chef: his difficult childhood, his brother's heroin addiction and his failed first career as a footballer: all of these things have made him the celebrated culinary talent and media powerhouse that he is today. Gordon talks frankly about: / his tough childhood: his father's alcoholism and violence and the effects on his relationships with his mother and siblings / his first career as a footballer: how the whole family moved to Scotland when he was signed by Glasgow Rangers at the age of fifteen, and how he coped when his career was over due to injury just three years later / his brother's heroin addiction. / Gordon's early career: learning his trade in Paris and London; how his career developed from there: his time in Paris under Albert Roux and his seven Michelin-starred restaurants. / kitchen life: Gordon spills the beans about life behind the kitchen door, and how a restaurant kitchen is run in Anthony Bourdain-style. / and how he copes with the impact of fame on himself and his family: his television career, the rapacious tabloids, and his own drive for success. --This text refers to an out of print or unavailable edition of this title.

### **Book Information**

**Audible Audio Edition** 

Listening Length: 3 hours and 3 minutes

Program Type: Audiobook

Version: Abridged

Publisher: HarperCollins Publishers Limited

Audible.com Release Date: October 16, 2006

Language: English

ASIN: B000JLTC9K

Best Sellers Rank: #94 in Books > Audible Audiobooks > Biographies & Memoirs > Business

Leaders #342 in Books > Audible Audiobooks > Biographies & Memoirs > Entertainers &

Celebrities #626 in Books > Biographies & Memoirs > Professionals & Academics > Business

#### Customer Reviews

First of all I am a huge Gordon Ramsay fan. I absolutely love Kitchen Nightmares and I wish he was still making more episodes (I hope he returns to the show at some point). And so, being such a big fan, I really wanted to learn more about life and his background so that I understood the show

better. And, in that respect, this book was a big help: when you see the misery that Ramsay grew up with--a father with a wandering eye who fancied himself a rock 'n roller, constant moves to new cities, poverty--you begin to understand why business success means so much to him. When he crashes down on a restaurant owner (particularly a family-owned restaurant), it's not because he's mean or psychotic, it's because he genuinely cares about the people he's trying to counsel and their families. He knows firsthand the misery of a crappy childhood and a failed business and he's trying to help them avoid those things. Moreover, Ramsay is trying to help restaurant owners rediscover their passion for cooking. All of these things became much more clear to me as I read this book. I have to say, however, that while I'm an American of Brit descent and grew up with Brit parents, jeez, Gordon, lighten up on the Brit talk! I had to look up dozens of words to even know what he was talking about, or at least guess at them based on context. There is a LOT of British slang in this book--a LOT. Also, the writing is pretty lame. I'm a professional writer and Ramsay desperately needed a good professional writer to ghost-write this book for him/with him. The editor for this book was sleeping on the job.I learned a lot from the book, but I think Ramsay has a much better book inside him.

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